

DC TRIATHLON CLUB



Annual Meeting Schedule

2pm: Social Time & Photo Show

3pm: Club Meeting

- Annual Club Update & Financials
- Meet Club Leadership & our partners
- Club Awards
- More Social Time

5pm: See ya!

After-meeting social: Pike Cornerstone



during the meeting!

- Theme: Wacky World of Triathlon 2025!
- Maximum of 5 players per team
- 5 questions during the slide show
- No cheating!
- Answer sheets collected after last question



Raffle prizes throughout!

DC TRIATHLON CLUB



2025 Annual Meeting

DC TRIATHLON CLUB



Welcome

Elise Serbaroli (she/her)
President



DC TRIATHLON CLUB



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Raffle prizes throughout!

New Elite team leadership
 150+ received swag for renewing or joining the club this year
Partners attending events (HH, block party, etc)
 Open Water Swim group organizing rides / coordinating events
 Had tent and club presence at Kinetic, colonial beach, Eagleman, Luray, Waterman's, IMMD and NC 70.3
Mock open water race with crossing currents
Winter runs New Website launched!



Block party
 New one pager format for events, pinned to top of calendar
Changed fiscal year to line up with our operating year
Fantasy league
2 time trial events
 New tear drop banners
 2 camping trips
Moved the storage unit to the first floor!!
Club Wide Monthly Happy Hours
Advanced programs (OLY, HIP, IP)
spring & fall club shop openings
So many awesome volunteers !!
Wed Haines point rides
 49 weekly newsletters 😊

2025
YEAR IN REVIEW

Sunday no drop rides
Thursday track
 New partnerships
 held 4+ swim clinics
 NTP program
Sat rides
 so much more!
 Splash & Dash
 Tues track
 awesome instagram content

DC TRIATHLON CLUB



2026 Strategy

(based on member survey)

COMMUNITY & COMMUNICATION

MEMBER ENGAGEMENT

new member
onboarding
process

virtual
monthly
connects

1

COMMS PLATFORMS

simplifying
user journey
for events /
groups

providing
faster/ easier
member-member
messaging

2

BOARD LEADERSHIP

onboarding 5
new board
members and
4 new
co-leads

streamlining
backend
processes

3

Local Partners



DC TRIATHLON CLUB



Diversity, Equity, Inclusion, Accessibility (DEIA) Committee

- Dedicated to supporting the community and working to ensure all members, regardless of identity, background, body type, ability, or speed, feel welcome and that they belong
- Committee meetings on the 1st Monday of the month @7pm
- Barrier Breaker 15% discount code for membership & 2026 NTP program participants

<https://www.dctriclub.org/club-membership-info/#barrierbreaker>

DEIA Committee Members:

- Howard Chan (NTP '24)
- Mina Itabashi (NTP '25)
- John-Anthony Meza (NTP '12 & '23)
- Mariama Orange (NTP '23)
- Elise Serbaroli (NTP '19)

Reach out to Director of Community & Belonging at community@dctriclub.org with questions or to get involved!

DC TRIATHLON CLUB



TRIOUT MULTISPORT

We're an LGBTQIA+ community of triathletes, including allies, that welcomes all who wish to join and support each other in one's respective multisport journey and training plans.

- Monthly socials
- Race Calendar
- Group workouts
- WV Glamping



JOIN
THE
FUN

DC TRIATHLON CLUB



Membership Report

Andrew Bremer (he/him)
Director of Membership



DC TRIATHLON CLUB



Last Year At This Time

515

Members

Today

528

Members!

DC TRIATHLON CLUB



Monthly Member Connect Zoom Call

- Upcoming events
- Brief orientation for new members
- Q&A and chat

→ Zoom link in newsletter & on website group

→ Next is Monday Dec 15th 7-8pm ET

Please reach out with any questions or ideas on how we can enhance the value of being a DC Tri Club member!



National Partners



Defender sunglass
2x trucker hats
2x beanies



Question #1:

American triathlete Morgan Pearson was recently crowned the winner of the Dubai T100 under very controversial circumstances, with the PTO even issuing an apology for how the race unfolded. Why was the race so controversial?



DC TRIATHLON CLUB

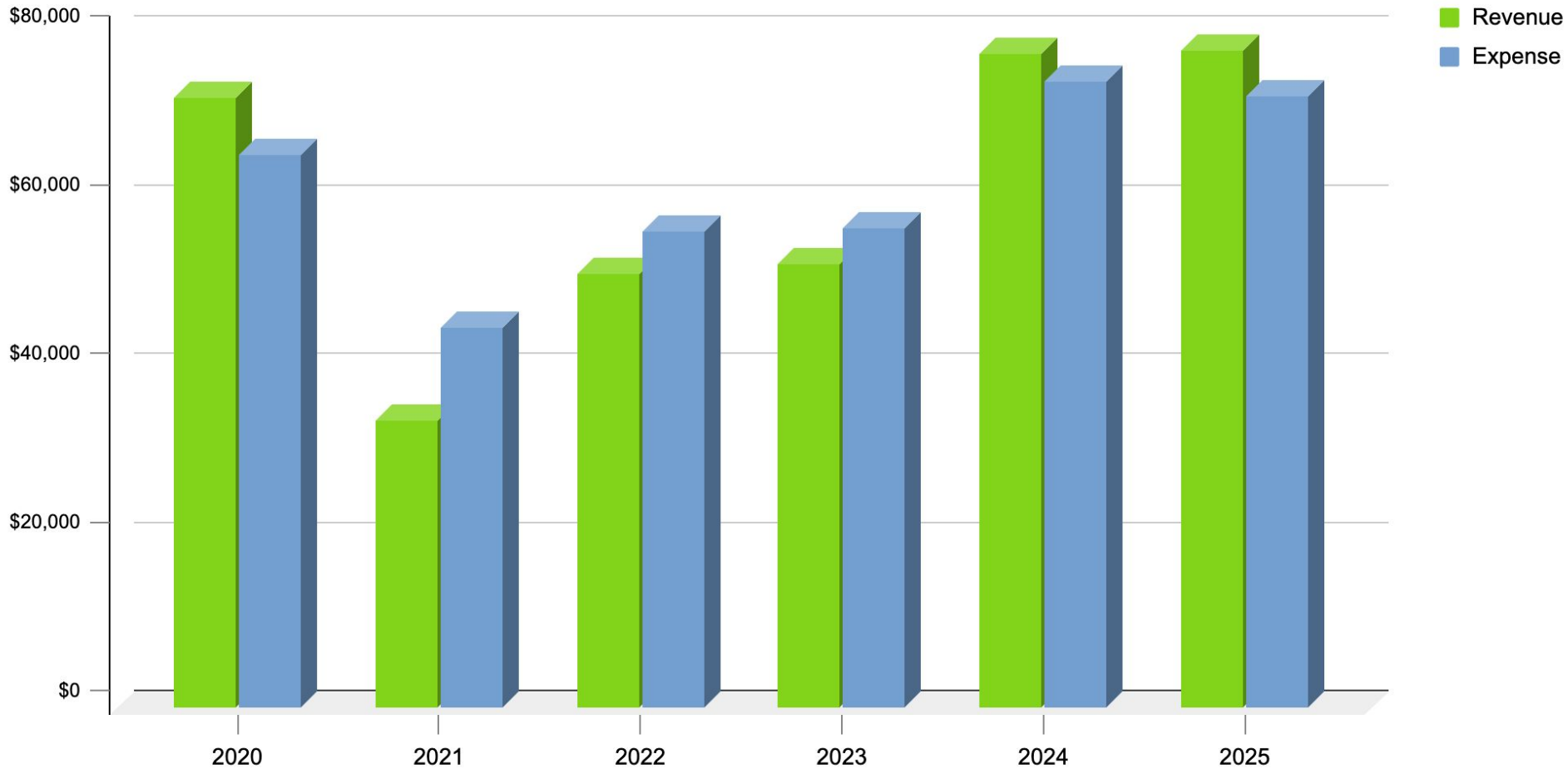


Financial Report

Patrick Pannett,
Vice President of Finance



DC Triathlon Club Annual Revenue vs. Expense



MY INCOME

Total

\$81,105



- 47200 Membership Dues Inc (Andrew)
- 47240 NTP-New Triathlete Program
- HIP-Half Ironman Training Prgrm
- ODTP-Olympic training Program
- IMTP-Ironman Training Program

This year to date ▼

MY EXPENSES

Total

\$72,456



- Website Operations
- HIP-Half Ironman Training Prgrm
- Elite Team
- NTP-New Triathlete Program
- Club Meetings (Board/subgroups)

National Partners



The Feed.



2x Feed the Animal bottles

National Partners



2x \$20 gift certificates



Question #2:

At the beginning of the year, Swiss triathlete Imogen Simmonds was suspended from all competition after testing positive for a banned substance. But in October, she was cleared to race again after the International Testing Agency accepted what unusual explanation for her positive test?



DC TRIATHLON CLUB



Programs Report

Juene Rader,
Director of Programs



Programs- 2025 Recap



New Triathlete Program- Coach Kyoko Kawai, and co-leads. 89 participants!

Goal Race- Kinetic Colonial Beach

Olympic Distance Program (22 participants)

Goal Race- Kinetic Colonial Beach

Half Ironman Distance Program (37 participants)

Goal Race- Ironman 70.3 Musselman (Geneva, NY)

Ironman Distance Program (8 participants)

Goal Race- Ironman Maryland (Cambridge, MD)

Coach Stephan Weyers



and co-leads

Off-Season Spin- Coach Cynthia Steele and instructors. 53 participants

Elite Team- led by Sophia Kaounas and Jason Davidson. 14 athletes!

Programs- 2026 Way Ahead



Off Season Spin (Virtual)-

3 January - 21 March 2025, 12 weeks

Ironman Distance-

Ironman Lake Placid (NY), 19 July 2026

Half Ironman Distance-

Ironman 70.3 Eagleman (MD), 14 June 2026

Olympic Distance / NTP Olympic & Sprint-

Kinetic Jamestown, 7 June 2026

**Registration
OPEN- Black
Friday Pricing
ends TODAY**

6 January "Advanced/Distance Programs Q&A panel"

New Triathlete Program- Registration Opens 1 January.

10 January 3:45 - 5pm West End Library "NTP info session"

*You can align any race to a
paid program training plan*

DC TRIATHLON CLUB



DC Triathlon Club Calendar- 2026

Club Led Events

- JAN 6- Advanced Programs Q&A
- TBD- NTP Q&A Panel
- MAR 8 & 15- Program Clinic Day (only for paid participants)
- MAR 22- Splash and Dash
- APR 11 - Duathlon #1
- APR- Bike Buying Clinic (virtual)
- Apr 18 - Germantown Bricnic (Bike, run, picnic)
- May 1-3 - Camping Weekend #1, Beginner focused (Jamestown)
- MAY 2 - Duathlon #2
- MAY 30 - Time Trial #1
- JUN 28- Final Summit (multi-hour track workout)
- JUN/JUL - Crossing Current Club Day
- AUG- TriOut Training Camp
- Aug 15 - Summer Bricnic
- SEP 12 - Time Trial #2
- Sep 18-20 Camping Weekend #2 (Deep Creek)
- Fall Bricnic (Rock Creek Park)
- Fall Block Party (Georgetown)
- Fall- Fall Foliage Ride
- NOV 1 - Spooky 5K (Rock Creek Park)
- DEC- Holiday Lights Run (Union Pub)
- DEC TBD- Annual Meeting (Arlington Draft House)

Recurring Club Member Led Training Events

- Tues PM NOVA Track (Seasonal)
- Wed PM Haines Point Ride (active Apr - Oct)
- Thu PM Capital Track (Seasonal)
- Sat AM Georgetown Ride (active when WARM)
- Sun AM No-Drop Ride (per schedule)
- Sun AM Long Run (per schedule)

Club Social Events

- TriOut Happy Hour, 2nd Thursday each Month
- Club Happy Hour, 3rd Thursday each Month
- Monthly virtual zoom calls for

Monthly Member Zoom Call

- New member orientation, club updates and member connect
- See newsletter & calendar for monthly date/time and link



-Stay up to date on the club website: DCTriClub.org
-Maximize your club membership by participating in club and local events
-All events subject to change
-Additional events will be added

As of: 11/16/2025

Club Goal Races

- JUN 7 - Sprint and Olympic Goal Race, Kinetic, Jamestown
- JUN 14- Half Ironman Goal Race, Eagleman
- JUL 19- Ironman Goal Race, Lake Placid

Local Races w/high member participation

- MAY 2- Six Pillars (Bike Ride)
- MAY 9-10- Kinetic Triathlon Festival
- MAY 9- French Creek, Central Maryland SwimFest
- Oct 3-4 Waterman's Triathlon Festival

Destination Race

- JUL 12- Luxembourg 70.3 (Moselle)

- 2026 Calendar is out
- Goal Races are special for everyone
- Tent races!
- Please affiliate w/ DC Triathlon Club



- Reserved bike racks
-club portajohns - preferred tent

IRONMAN - Free entries - VIP passes and.....

Program Events

- Jan 6- Advanced Programs Q&A Panel
- Jan 14- Kick-off Meeting
- Jan 26- Olympic Distance Program (ODP) start
- Jan 26- Half Ironman Program (HIP) start
- Jan 26- Ironman Program (IMP) start
- Mar 2- Programs Happy Hour
- Mar 8- Program Clinic Day
- Mar 15- Program Clinic Day
- May 18- Race Execution Clinic (Virtual)
- May 29-31- Training Camp (Lost River, WV)
- Jun 7- ODP Goal Race, Jamestown (VA)
- Jun 14- HIP Goal Race, Eagleman (MD)
- Jun 28- Final Summit (IMP)
- Jul 19- IMP Goal Race, Lake Placid (NY)

Destination Race:
Luxembourg 70.3
12 July 2026

General Registration **SOLD OUT**,
Special Entries available



I Went the Distance!

Albert Kwon
Andrew Weitzman
Ariel Rogoff
Benjamin Andrews
Bruce Weinelt
Chris Lee
Clare Williams
Claudia McCarthy
Collin Smith
Dakota Staren
Ethan Kang
Georgina Coolidge
Hannah Mont

Howard Chan
Jack Ferrell
Jack Metcalf
Jeanna Buck-Simpson
Jenna Hager
Jette Keiser
Jonathan Meade
Josh Chen
Justine Yu
Karen Dickerson
Lauren Rosenbaum
Leslie Gray
Liz Carroll-Anderson

Mallory Scott
Matt Zetkulis
Michael Huizenga
Michael Simpson
Miranda Stolz
Natalia Szlarb
Nick Gray
Reena John
Ryan Chaban
Sarah Riczo
Trevor Smith
Will Buchanan

National Partners



Venom Go
Normatec Go



DC TRIATHLON CLUB



Question #3:

In June, The Washington Post profiled amateur triathlete Jill Walker, who was on the verge of completing her 100th Ironman race. She noted that she does a particular activity during the run to keep herself motivated—her personal record is doing it 67 times in one race. What is this quirky activity?



DC TRIATHLON CLUB



2026 DCTriClub Elite Team



DC TRIATHLON CLUB



Julie Billingsley



Cameron Clarke



Jennifer Connet



Cindy Hutchings



Eva Kodouskova



Kelly Lefler



Jazz van Loon

DC TRIATHLON CLUB



David Allen



Stephen Eid



James Grauel



Erik Guercio



Joe Shields



Daniel Smith



Greg Wood

DC TRIATHLON CLUB



Question #4 (2 points!):

The two comeback queens of triathlon for 2025 could arguably be these 2 women, who led the Ironman World Championships for almost the whole race, but both DNF-ed on the run. They then finished first and second at the 70.3 World Championships a month later. Who are they?



DC TRIATHLON CLUB



Partnerships Report

David Jiang
Director of Partnerships



DC TRIATHLON CLUB



Events

- PRR running talk
- French Creek Tri Swimfest @ Betterton
- DC Tri Club Day at Crossing Currents
- Block Party during Labor Day Weekend



New partners:

- Sailfish
- Loco Tri
- Rouvy



Local Partners



Local Partners



Local Partners



=PR=
RUN & WALK[®]

Pair of Saucony



Race Partners



2x race entries



DC TRIATHLON CLUB



Training Report

Zander Curtis (he/him)
Director of Training



DC TRIATHLON CLUB



Holiday Lights Run + Happy Hour

Monday, December 8th, 6-9 pm

Tomorrow!

Union Pub, 201 Massachusetts Ave NE, DC

Two Routes: 4.5 mi, 7 mi

Holiday Lights Stops: Union Station,
Capitol, White House,
and more!



DC TRIATHLON CLUB



Group workouts:

→ Swim

- ◆ December 14th: Basic swim technique clinic. Register via website!
- ◆ January 11th: Basic swim technique clinic. Details forthcoming.
- ◆ February 8th: Basic swim technique clinic. Details forthcoming.

→ Bike

- ◆ Tuesdays (virtual) @ 19:00
- ◆ Wednesdays @ 18:00: Hains Point (resumes in Spring)
- ◆ Saturdays @ 8:30: NW DC
- ◆ Sundays @ 8:00: locations vary (resumes in Spring)

→ Run

- ◆ Tuesdays @ 18:15: Washington-Liberty High School (winter hiatus)
- ◆ Thursdays @ 18:00: DC Mall (resumes in Spring)
- ◆ Sundays @ 9:00: (check Calendar for dates & locations)

DC TRIATHLON CLUB



2026 Trainings Events

→ Bricknics

- ◆ Saturday, April 18th: location tbd
- ◆ Saturday, August 15th: Rock Creek Park

→ Camping Weekends

- ◆ May 1-3: Jamestown, VA
- ◆ September 18-20: Lake Anna, VA



DC TRIATHLON CLUB



Race Report

Derek Sprunger,
Director of Club Racing



DC TRIATHLON CLUB

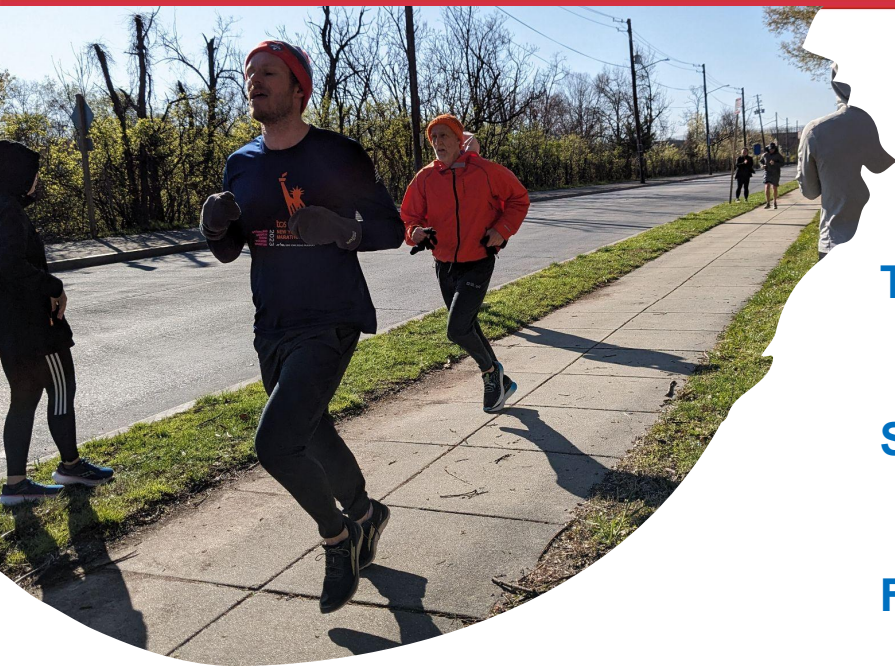


2025 Club Race Summary

- 6 club races: Splash n' Dash, Duathlon x2, Time Trial x2, 5K trail run
- **132** total registrations
- **25** volunteers - THANK YOU!!!
- **Prizes:** comp Kinetic race entries, merch, gift cards!



DC TRIATHLON CLUB



2025 Race Series WINNERS

Third Place: Gabriela Morales

Second Place: Lauren Rosenbaum

First Place: Erika Berg

Race Partners



Entry to French Creek TriFest
(Triathlon or SwimFest)



Local Partners



2x hoodies
3x beanies



DC TRIATHLON CLUB



Volunteer Report

Charlie Taylor,
Director of Volunteers



Thank You 2025 Volunteers!!!



Colton Barry	David Allen	Roger Lemley	Madison Sanders	Katie Hosteny	Carlos Andino	Anne Ellyse Kania	Omar Rodriguez
Mohamed Ashour	Elise Serbaroli	Charlie Taylor	Kori Newman	Tuan Nguyen	Jennifer Kron	David Jiang	Kimberly Larkin
Justine Yu	Derek Sprunger	Yin Yiing Yeoh	Theo Varns	Juene Rader	Lauren Jee	Erik Guercio	Josh Chen
Katie Morgan	Jetta Keiser	Rachel Solomon	Shawn Swing	Reena John	Julie Billingsley	Brent Marker	Ian McDonough
Stephen Eid	Dakota Staren	Estrella Peinado Vara	Stephan Weyers	Julia Follick	Raul Fainchtein	Denitsa Apostolova	Cat M
Colleen Geasey	Jack Farrell	Marco Peinado Vara	Marc Nielson	David Deal	Kelly Lefler	Rachel Bowers	Glenn Thomas
Jessica Fields	Daniel Smith	High Harris	Danny Pimiento	Howard Chan	Bryan Frank	Katie Gladhill	Megan Johnson
Verna Tyree	Rebecca Na	Mallory Scott	Chris Lee	Jeanna Buck-Simpson	Kyoko Kawai	Chun-Ciao Yang	Mike Simpson

Volunteer Leads

Weekly Club Events & Swim Clinics

Sunday Runs:

David Allen, Rebecca Na, David Jiang, Katie Hosteny, Jennifer Kron

Sunday NoDrop Rides:

Roger Lemley, Reena John, Jacob Schaperow, Becca Kern, Jennifer Kron

Tues Track in Arlington:

Kyoko Kawai

Trash Pickups & Wed Rides @Haines:

Anne Ellyse Kania

Thurs Track on the Mall:

Carlos Andino, Jack Ferrell

Swim Clinics:

Julie Billingsley, Lauren Jee, Christian Locke

Saturday Rides:

Bryan Frank, Rebecca Na

Tues & Thurs Virtual Rides:

Raul Fainchtein & Kelly Lefler

Local Partners



Thank you **DC TRI CLUB**
for your support in 2025!
JUST KEEP SWIMMING!



**crossing
currents
AQUATICS**



DEMOS & DISTRIBUTION



PERFORMANCE TRAINING

HAPPENING: NOW!

Sunday Morning Drop - In sessions
exploring swim metrics and
learning from under and over
stroke assessments



OPEN WATER TRAINING

Mid April - October 4, 2026

Sundays 9:30 AM
Friday Early Birds 6:30 AM
Monday Novice Only 5:30 PM



NON -COMPETITIVE OPEN WATER EVENTS

BRIDGE 2 BRIDGE 3.5 MILE

May 24, 2026

SWIM & PADDLE THE SOUTH RIVER 5 MILE

October 4, 2026

STROKE DEVELOPMENT

Wednesday PM @ North Arundel Aquatic Center



FOLLOW US ON FACEBOOK & INSTA!



4x performance drop-in's
1x Bridge to Bridge entry

Race Partners



1x Spring Backyard Burn
2x XTERRA Ex2 Off-Road Tri
2x Rails to River Mountain Bike Race



DC TRIATHLON CLUB



Question #5:

Throughout 2025, Congressional Republicans have called for this competitive amateur triathlete, who has completed 9 Ironmans, raced at Kona, and qualified for the ITU Long Course World Championships, to be subpoenaed and to testify in closed-door hearings. Who is he?



DC TRIATHLON CLUB



2025 Board Recognition

President: Elise Serbaroli
Vice President & Director of Partnerships: David Jiang
Secretary: Mallory Scott
Treasurer: Patrick Pannett

Director of **Club Races:** Derek Sprunger
Director of **Communications:** Rebecca Na
Dir of **Community & Belonging :** Mariama Orange
Director of **Gear:** *interim* Erik Guercio
Director of **Membership:** Andrew Bremer
Director of **Programs:** Juene Rader
Director of **Training:** Zander Curtis
Director of **Volunteers:** Charlie Taylor

DC TRIATHLON CLUB



2025 Board Advisors & Support

Legal Advisor : Rob Faulk

President Emeritus: Bryan Frank

Web Master: Justin Bauer

DC TRIATHLON CLUB



Meet the 2026-2027 Board of Directors

5 new members

Communications: Jette Keiser

Gear: Erik Guercio

Operations: Jeanna Buck-Simpson

Partnerships: Marc Nielson

Volunteers: Justine Yu

President: Elise Serbaroli

Vice President: David Jiang

Secretary: TBC

Treasurer: Patrick Pannett

Club Races: Derek Sprunger

Community & Belonging : Mariama Orange

Membership: Andrew Bremer

Programs: Juene Rader

Training: Zander Curtis

DC TRIATHLON CLUB



DC TRIATHLON CLUB



2026 Co-Leads & Open Volunteer Roles

Club Races Co-Leads: Roger Lemley, maybe more?

Communications Co-Leads: Phillip Graeter, Reena John, Izzy Blazey

Discord-Fluent Volunteers to help launch / manage potential club-wide Discord: OPEN

Support for our Webmaster: OPEN

Donations



**Ultegra 11-28 Cassette
Wahoo Kickr trainer**





2025 Club Awards



Congratulations to all
nominees!



Courtney Waltimyer
Most Improved
Athlete
Award



Rookie of the Year



Veteran Athlete of the Year



Volunteer of the Year



Community Champion
of the Year



2025
Club Member
of the Year

Brady Nelson Spirit of DC Triathlon Club Award



A solid red background with a large white circle in the center. The circle has a thin red border. Inside the circle, the text is centered and reads:

2026 Brady Nelson
Family Scholarship:
Megan Jackson and
Manu Krishnamurthy



**That's all
folks!**